



Nappy Change Procedure

Changing a nappy without spreading germs

Adapted from "Staying Healthy | 5TH EDITION | 2013



Preparation

1. Wash your hands
2. Place paper on the change table
3. Put disposable gloves on both hands
4. Assist child onto the change table



Changing

5. Remove the child's nappy and put any disposable nappy in nappy disposal bin. Place any soiled clothes (including any cloth nappy) in a plastic bag.
6. Clean the child's nappy area
7. Remove the paper and put it in a hands-free lidded bin.
8. Remove your gloves and put them in hands free-lidded bin
9. Apply a clean set of disposable gloves (optional)
10. Place a clean nappy on the child
11. Dress the child
12. Assist child to safely exit the change table
13. Wash your hands and the child's hands.



Cleaning

14. After each nappy change, clean the change table with disinfectant and paper towel.
15. Wash your hands.