



Casino West  
LITTLE JARJUMS  
PRESCHOOL



Week 2 Term 2

Monday 26 April 2021

[www.casinowest-p.schools.nsw.edu.au](http://www.casinowest-p.schools.nsw.edu.au)



### Upcoming Events:

- Wednesday 27 April  
Library visit
- Thursday 6 May  
Mother's Day Stall
- Friday 7 May  
Mother's Day Stall
- Monday 10 May  
Mother's Day Picnic  
Burbi group
- Thursday 13 May  
Mother's Day Picnic  
Gurrhmann
- Wednesday 26 May  
National Sorry day
- Friday 28 May  
Beef Week Celebrations
- Monday 14 June  
Public Holiday
- Friday 25 June  
Last Day of term

## We will remember them...

To kick off Term 2 our Jarjums spent the first week learning about what Anzac Day represents. The children engaged in stories, arts, crafts and fine motor experiences that focused on various representations of Anzac Day. Each experience sparked discussions and questions about our soldiers, what they did in the war and why we have Anzac Day each year.

On Anzac Day, Casino West marched in the Anzac March down the main street of Casino. Big shout out to Hunter and Dakota for representing Little Jarjums Preschool.

On Monday 26 April the children attended the Casino West Anzac Assembly. During the assembly, we were able to listen to Casino West students tell the "Anzac Story", hear the bugle sound and reflect on the enormous sacrifice our soldiers made for us. At the end of the assembly Charlotte laid the wreath that our preschoolers made, underneath the flagpole.

As a school we were extremely proud of our children for being so respectful during the assembly.



Casino West Public School Preschool known locally as Casino West Little Jarjums Preschool Phone 02 6662 8995

QA6 Collaborative partnerships with families and communities Concept 6.1.3



# Library Visits at CWPS



Every Wednesday



## Bundjalung Language Program

This term we have the pleasure of having Uncle Charlie in our Preschool on a Wednesday and Thursday. Uncle Charlie will be running our Bundjalung Language program where he will engage the children in many different experiences introducing them to the Bundjalung Language and Culture. Aunty Leanne and Uncle Shane will be working alongside Uncle Charlie to build the children's understanding around our local Aboriginal Culture.

Uncle Charlie started off in week one by playing and yarning to the children to begin to build a relationship with each of our Jarjums. In yarning circle, Uncle Charlie introduced the children to some Bundjalung words for expectations when in a yarning circle including, using our binnungs (ears), looking with our geos (eyes) and ninganah (quiet) when it's time to listen.

We look forward to learning more about our local language and culture.







get up and grow

## Running, jumping and playing

helps kids to be **STRONG AND HEALTHY**



[www.health.gov.au](http://www.health.gov.au)

Australian Government  
Department of Health and Ageing



# We communicate in many ways



**KidsMatter**  
Australian Early Childhood  
Mental Health Initiative

**Growing Healthy Minds**



KidsMatter Early Childhood has been developed in collaboration with beyondblue and Early Childhood Australia, with funding from the Australian Government Department of Health and Ageing. © Commonwealth of Australia 2008-2016. This work is copyright. You may use this work in accordance with the terms of licence available at [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au).

### Sweet drinks

Sweet drinks are not needed as part of a healthy diet, as they do not provide much nutrition. Sweet drinks can fill children up, and lead to a decreased appetite for other foods. Because of their high sugar content, sweet drinks may also contribute to tooth decay and play a role in excess weight gain in children.

Sweet drinks include:

- soft drinks
- flavoured mineral water
- flavoured milk
- cordial
- sports drinks
- energy drinks
- fruit drinks
- fruit juice.

If you do offer sweet drinks occasionally, provide only very small amounts, and not every day. To limit the amount of sugar consumed, dilute sweet drinks with water when they are offered.

Never offer sweet drinks in a bottle, as this can lead to tooth decay and reduce children's appetites. Only offer sweet drinks in small amounts from a cup, if at all.



10074 April 2013

## GET UP & GROW

HEALTHY EATING AND PHYSICAL ACTIVITY FOR EARLY CHILDHOOD



## The importance of drinking water

For more information

Raising Children Network  
[www.raisingchildren.net.au](http://www.raisingchildren.net.au)

[www.health.gov.au](http://www.health.gov.au)

All information in this publication is correct as at April 2013



Australian Government  
Department of Health and Ageing