Week 2 Term 2

Monday 26 April 2021

www.casinowest-p.schools.nsw.edu.au



### **Upcoming Events:**

Wednesday 27 April Library vist **Thursday 6 May Mother's Day Stall** Friday 7 May Mother's Day Stall Monday 10 May **Mother's Day Picnic Burbi** group Thursday 13 May **Mother's Day Picnic** Gurrhmann Wednesday 26 May **National Sorry day** Friday 28 May **Beef Week Celebrations** Monday 14 June **Public Holiday** Friday 25 June **Last Day of term** 

## We will remember them...

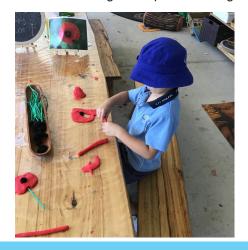
To kick off Term 2 our Jarjums spent the first week learning about what Anzac Day represents. The children engaged in stories, arts, crafts and fine motor experiences that focused on various representations of Anzac Day. Each experience sparked discussions and questions about our soldiers, what they did in the war and why we have Anzac Day each year.

On Anzac Day, Casino West marched in the Anzac March down the main street of Casino. Big shout out to Hunter and Dakoda for representing Little Jarjums Preschool.

On Monday 26 April the children attended the Casino West Anzac Assembly. During the assembly, we were able to listen to Casino West students tell the "Anzac Story", hear the bugle sound and reflect on the enormous sacrifice our soldiers made for us. At the end of the assembly Charlotte laid the wreath that our preschoolers made, underneath the flagpole.

As a school we were extremely proud of our children for being so respectful during the assembly.

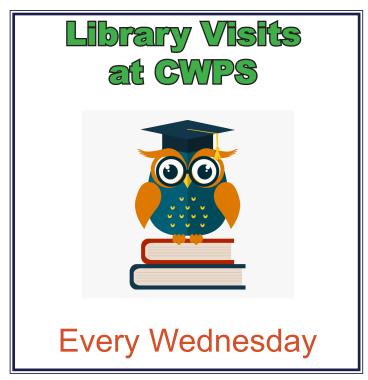






Casino West Public School Preschool known locally as Casino West Little Jarjums Preschool Phone 02 6662 8995

QA6 Collaborative partnerships with families and communities Concept 6.1.3





## Bundalung Language Program

This term we have the pleasure of having Uncle Charlie in our Preschool on a Wednesday and Thursday. Uncle Charlie will be running our Bundjalung Language program where he will engage the children in many different experiences introducing them to the Bundjalung Language and Culture. Aunty Leanne and Uncle Shane will be working alongside Uncle Charlie to build the children's understanding around our local Aboriginal Culture.

Uncle Charlie started off in week one by playing and yarning to the children to begin to build a relationship with each of our Jarjums. In yarning circle, Uncle Charlie introduced the children to some Bundjalung words for expectations when in a yarning circle including, using our binnungs (ears), looking with our geos (eyes) and ninganah (quiet) when it's time to listen.

We look forward to learning more about our local language and culture.













get up and grow

Running, jumping and playing

help kids to be STRONG AND HEALTHY



www.health.gov.au









# We communicate in many ways



















### Sweet drinks

Sweet drinks are not needed as part of a healthy diet, as they do not provide much nutrition. Sweet drinks can fill children up, and lead to a decreased appetite for other foods. Because of their high sugar content, sweet drinks may also contribute to tooth decay and play a role in excess weight gain in children.

#### Sweet drinks include:

- soft drinks
- · flavoured mineral water
- · flavoured milk
- cordial
- sports drinks
- · energy drinks
- · fruit drinks
- · fruit juice.

If you do offer sweet drinks occasionally, provide only very small amounts, and not every day. To limit the amount of sugar consumed, dilute sweet drinks with water when they are offered.

Never offer sweet drinks in a bottle, as this can lead to tooth decay and reduce children's appetites. Only offer sweet drinks in small amounts from a cup, if at all.



### **GET UP & GROW**



The importance of drinking water

For more information

Raising Children Network

www.health.gov.au All information in this publication is correct as at April 2013

